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THE FLYER

Vol. 37, Issue 17

Salisbury University's Student Voice

March 2, 2010



Adrienne Price photo

Squawkapella sings Journey's "Don't Stop" at the Hope 4 Haiti concert to benefit Haitian children on Wednesday, Feb. 24 in Holloway Hall.

Hope 4 Haiti raises over \$1500

By Josh Madsen
Staff Writer

In a night of diverse music and open testimony, 215 members of the SU community came together Feb. 24 for the Hope 4 Haiti benefit concert, an event that raised money for children of a country still struggling in the aftermath of its earthquake earlier this year.

SOAP had planned a coffeehouse event and joined with the Volunteer Center and the Caribbean Student Association to host Hope 4 Haiti. The concert featured eclectic

sounds from both students and staff members with SU students of Haitian descent speaking about what their experiencing through this disaster.

It was free, but donations were accepted and items were sold.

Performers included students Bryant Dean, Cristina Franciosa, SU's Gospel Choir, and Squawkapella.

Performances by SU faculty and staff members included Multimedia Assistant Matt Hill, Facilities Coordinator Brian Lind, Director of Admissions Aaron Basko, Political Science Professor Mike O'Loughlin

and Education Specialties Professor Diana Wagner, each one bringing different styles of music to the concert.

"It was great to see so many different people coming out to the show in support of a great cause," said SOAP Films Chair Adam Muhtaseb, the night's host, who gave comedic relief and passionately encouraged the audience to give donations. "I got to see faculty members who I never thought could play guitar, and they were killing it."

That appeared to be the mood the

SEE Haiti Pg. 3

Commuter Connections seeks input from non-traditional students

By Rachael Stone
Staff Writer

The Commuter Connections program is looking to see how its department and the University as a whole can better support non-traditional students by improving their educational experience at SU.

All current non-traditional students at SU received a survey via e-mail to be completed anytime until Friday, March 12.

According to The National Center for Education Statistics, non-traditional students fit one or more of the following non-traditional characteristics.

He or she has: delayed their enrollment for several years, maintained part-time enrollment status, worked 35 or more hours per week while enrolled, is considered financially independent for purposes of determining financial aid eligibility, has dependents other than a spouse, is a single parent, is a military veteran, or does not have a traditional high school diploma.

Every student who fills out a survey will be entered to win a \$50 gas card.

"Non-traditional students are so unique because they have already

experienced some of the challenges and rewards that traditional students may experience once they graduate from college," said Janet Matope, a graduate assistant for the Commuter Connections program. "They may have to balance work, take care of dependents, and they are mostly financially independent," Matope said.

According to Maureen Belich of the Institutional Research, Assessment and Accountability department at SU, in the past five academic years — beginning in August 2004 and ending in May 2009 — 7,098 people earned an undergraduate degree.

Five-hundred and nineteen of these students — 7.3 percent — turned 25 or older the year they entered SU, classified them as non-traditional students.

It took non-traditional students an average of 5.7 semesters to graduate, while it took traditional students 8.6, according to the same source.

Matope said this difference in time means a lot of non-traditional students are probably either transfers or have gone to college, taken a break and come back.

Karen Rowe and Nathan Dor-

SEE Students Pg. 2



R.L.Pusey photo

Sammy leads students, staff and members of the administration around campus to make eating disorders known in the SU community during "It's Time to Talk About It — and Walk About It Wednesday" on Feb. 24.

Events offer truth about eating disorders

By Jacqueline Miller
Staff Writer

When looking at eating disorders from a counseling perspective, the questions become "What are SU students eating?" and "What's 'eating' SU students?" Sponsored by Student Counseling Services, Health Services and Housing and Residence Life's Wellness Team, National Eating Disorder Awareness Week's events are aimed to shed light on a topic many are hesitant to talk about. MSW interns Siobhan McDaniel, Katie Rizman, Nikki Dyer and Jessica Megary in the Counseling Center spearheaded

the week of programming and outreach. According to President Janet Dudley-Eshbach, over 80 percent of women in the U.S. are unsatisfied with their body image and an estimated 400-800 SU students could be struggling with an eating disorder, making the topic an important and relevant campus and community issue.

The week kicked off with "Mirrorless Monday" on Feb. 22. The mirrors in bathrooms throughout campus were covered with positive messages to serve as a visual reminder that self-value does not come from a mirror image. "Talk It Up Tuesday" on Feb. 23 offered students the opportunity to

learn and talk openly about body image and receive screenings and other eating disorder resources. "80 people were screened, resulting in six people needing referrals," said Dr. Kathy Scott, director of Student Counseling Services.

As part of "It's Time to Talk About It — and Walk About It Wednesday" on Feb. 24, SU President Dudley-Eshbach spoke on the front steps of Holloway Hall to students, faculty and staff about the importance of a good self-image and of asking for help when suffering from an eating disorder.

SEE NEDAW Pg. 3

Stokes recounts history of Jim Crow South

By Michael Piorunski
Staff Writer

On Monday Feb. 22, civil rights leader John A. Stokes visited SU to take students for a ride on his bus through the Jim Crow south and the history he lived more than 50 years ago to achieve equality in education.

Civil Rights activist, military veteran, educator and now author, Stokes began his life's work in the rural community of Farmville in Prince Edward County, Va., where he was raised. Stokes and his twin sister were the youngest of six children in a family of eight. He found motive to overcome the walls of prejudice and segregation in the successes and teachings of his parents and older siblings.

In his lecture on Monday, Stokes engaged SU students, faculty and

staff in an interactive lesson on the history of the Jim Crow south. Boarding first in Chicago, Stokes helped students step back into history to ride the "bus" east, and then south passing through Pittsburgh, and crossing the Mason-Dixon Line to reach Baltimore. As passengers boarded, the seating arrangement on the bus was rearranged to accommodate white riders, forcing black riders to move to the back or stand.

"I felt embarrassed because of my rudeness," said SU student Staci Carbone. "Just because I have a ticket doesn't mean my ticket is better than theirs," she said after another bus-rider was forced to move from her seat and stand in the back of the bus.

Stokes dedicated the latter portion of his talk to offer his firsthand account of the social

disparities and inequalities blacks suffered in Prince Edward County and throughout the south during the era of Jim Crow, before the Brown et al. v. Board of Ed. et al decision and the Civil Rights movement. He shared his journey down the path to integrated schools and equality in education which he chronicled in his memoir "Students on Strike: Jim Crow, Civil Rights, Brown and Me," co-authored with Dr. Lois Wolfe.

An original plaintiff in Davis et al. v. Prince Edward Co. Board of Ed., Stokes was the president of a coalition of frustrated and oppressed black citizens who staged a strike to combat the fallacy of "separate but equal," and the institutionalized racism perpetuated by Plessy v. Ferguson.

There were seven brick buildings

SEE Stokes Pg. 2



Kathy Pusey photo

Civil Rights leader John Stokes poses with SU President Janet Dudley-Eshbach after he spoke on his memoir, "Students on Strike: Jim Crow, Civil Rights, Brown and Me," on Monday, Feb. 22 in the Wicomico Room.

Downtown Salisbury seeks funding, new look

By Vanessa Junkin
Editor in Chief

Before the shopping mall became the preferred place to go, Downtown Salisbury was a popular place to gather from the 1800s to 1960s, explained Connie Strott and Lee Whaley, members of the Arts and Entertainment Steering Committee.

Citizens are working to give Salisbury, a city classified as a Main Street Maryland area and a state Arts and

Entertainment District, a second chance.

Local nonprofit Urban Salisbury, Inc. has devised a \$5.2 million, three-phase plan to improve the downtown. To begin carrying out this plan, Salisbury sought to receive a \$260,000 Community Legacy Grant from the Maryland Department of Housing and Community Development.

However, Urban Salisbury did not receive the grant and is looking to

find out why. Urban Salisbury Executive Director Allan Hope said the organization will apply for the grant again in June.

The plan involves physical improvements to the Downtown area, Hope said. Among the suggested changes shown on an Urban Salisbury DVD are increased landscaping, changes in lighting, the creation of a town square and more parking.

Hope said changes make the area more pedestrian-friendly.

However, Hope and Urban Salisbury don't want to erase the city's past, and the nonprofit offers façade grants for owners of historic downtown buildings.

"We're not just proposing to tear down everything and start over. We want to preserve, we want to protect and we want to ultimately give the people of Salisbury and visitors to the community a core that they can be truly proud of, that is welcoming, and comfortable, and just a great

place to be," Hope said.

Urban Salisbury intern and SU junior Samantha Reckley noted that there's more to revitalization than physical needs.

"In addition to [the Downtown] being functional, it also has to be something where memories can be created," Reckley said.

Strott and Whaley decided to start Third Friday, a monthly arts-based event, in Downtown Salisbury. It

SEE Downtown Pg. 2

Briefly Stated

Applications Due for Clinical Laboratory Science/Medical Technology Program
Students who will have completed the pre-requisites for the Professional Component of the Clinical Laboratory Science/ Medical Technology Program at the end of this semester are reminded that applications for entry into the Professional Component are due Wednesday, March 31. The application process is for students who desire to enter the program in fall 2010. The application form and admissions policy can be found online at <http://www.salisbury.edu/healthsci/MEDTECH/mtproinf.htm>. Contact Cynthia Cowall at 410-543-6331 or at ccowall@salisbury.edu.

Diana Wagner Performance
Musician Diana Wagner will perform on Friday, March 5, from 7-9 p.m. at Viva Espresso, 105a East College Ave, Salisbury. Wagner, who is known for show-opening a capella ballads and traditional music performed on guitar and banjo, will present a program of historic and contemporary acoustic folk music. Wagner's CD, "Tradition Bearer," will be available at the performance. Diana Wagner is also an assistant professor at Salisbury University. Event is free and open to the public.

Saferide Raffle
Ride Saferide? Notice how the vans are pretty abused? Come and give back to the program. Saferide representatives will be in The Commons between noon and 6 p.m. on Tuesday, March 2, selling raffle tickets for a 22" flat screen TV. All proceeds will go towards helping fix up our vans. Raffle tickets are \$2 each, or three for \$5. Remember, this is a great way to give back to a program who works solely for you. Cash or GullCard accepted.

Film Festival Continues
The Delmarva Environmental Film Festival at SU continues 7:30 p.m. Thursday, March 4, in Henson 103 with the topic "Land-Use Planning: Livable Landscapes." The film examines the history of land use in New England, the changes that have hit working forests, farms, village centers and urban downtowns and how communities have tried to preserve the qualities that make them unique.

Big Event Interest Meeting
SU students unite to help the community during their sixth annual Big Event community cleanup day, sponsored by the SGA Saturday, April 17. Interest meetings will be held Tuesday, March 2 at 7 p.m., Wednesday, March 3 at 5 p.m., Thursday, March 4 at 5 p.m. Meetings held in TETC 153. Paperwork will be given out. Clubs are required to have one representative at one meeting in order to participate in and to get credit for this recognized event.

Writers-on-the-Shore Series
On Tuesday, March 9, Kirk Nesset inaugurates SU's spring Writers-on-the-Shore series, reading from his works at 8 p.m. in the Montgomery Room of the Commons. Upcoming authors in the series include: Jack Lynch on Thursday, April 1, William Hathaway on Tuesday, April 13 and Ray Gonzalez on Tuesday, April 20. Sponsored by the English Department and Writers-on-the-Shore. Admission is free; the public is invited.

Prelaw Meeting
There is an information meeting for those students interested in law school 4:30 p.m. Wednesday, March 3, in Fulton Hall 280C. Hear about law school, including the admission process and how to put together a good application. Contact Dr. Adam Hoffman at ahoffman@salisbury.edu.

New York Bus Trip
The Cultural Affairs Office sponsors a "New York on Your Own" bus trip Saturday, April 24. The bus departs from the GUC parking lot on Dogwood Drive at 6:30 a.m. The bus leaves New York's Lincoln Center at 7 p.m. for the return trip. Tickets for students, faculty and staff are \$40, available at the GUC Information Desk beginning Monday, March 8. Tickets for the greater community are \$55, available beginning Thursday, March 18.

Sorority sisters spread joy of reading

By Hayley Efland
Staff Writer

Each month, Salisbury University's Panhellenic Council chooses a different philanthropy project for each of the four sororities to participate in. Through the month of February, the sisters collected books in the Council's first ever book drive. A delegate from each sorority collected one book from each of her sisters.

"Personally, I'm an education major and I know a lot of the other girls are too," said Megan Macfeart, secretary of Panhellenic and organizer of the book drive. "A lot of the schools in the area are Title 1 so they don't get a lot of funding and they need a lot of help."

Title 1 school districts are provided supplemental federal funding from the U.S. Department of Education so they are able to meet the needs of low-income students.

The fruitful drive resulted in the collection of 200 books. Macfeart worked closely with Stacie Siers, SU's Profes-

sional Development School Coordinator, to select the four schools to donate to. Ultimately, the pair selected Beaver Run Elementary School in Salisbury, a school in Denton and two schools in Cambridge. Each school will receive 50 books.

"Our sorority takes pride in helping out the Salisbury community whenever possible and the book drive was a great way to get involved in helping the kids of Title 1 schools," said Kim Russell, delegate for Phi Mu. The sisters of Phi Mu embraced the book drive as an opportunity to share their experiences with the children at the elementary schools.

"A lot of our girls bought children's books that they read when they were little so that the kids who received the books could experience what our sisters experienced when they read these books as kids, making the donation even more special," she said.

Kelly Inglis, delegate for Zeta Tau Alpha, is an education major and was happy to hear the selection of Febru-

ary's philanthropy project.

"[This project] will help the schools to broaden their reading materials and encourage students to become better readers."

Both Inglis and Russell spoke highly of the project.

"I know that I loved to read when I was younger and that it helped my imagination and creativity grow. Hopefully the children that we donated to feel the same way when they read their books," Russell said.

Macfeart acted as Alpha Sigma Tau's delegate and Carrie Holleran collected books as the Delta Gamma delegate.

"This project was definitely successful. It was a volunteer project where you could see the books getting into the kids' hands," Macfeart said. "Next month we're thinking of doing a Shorebirds game to fundraise for the Special Olympics because right now they don't have enough money. Hopefully we can make that an all Greek thing."

grade class in Wicomico County," she said.

Dr. Lois Wolfe, who introduced Stokes before the lecture, has worked in education for 36 years and is now the principal of Luella Elementary in Henry County, Ga. After hearing Stokes speak at a conference she was felt compelled to help him tell his story.

"Racism has always been an area that I wanted to help," she said. "As Mr. Stokes would share events, things that happened or about his childhood, I would listen," said Wolfe as she described the process she and Stokes used to write the memoir.

Wolfe says present-day educators and communities must recognize and harness the power and utility of oral histories.

"Everyone has a story," she said, "listen to those stories." It's the collective wisdom of a community which helps individuals and communities flourish. And although segregation and separate but equal may seem to be skeletons from the past, Stokes, as he evoked the poetry of Langston Hughes, reminded the audience that not long ago one might ask, "Where's the Jim Crow section of this merry-go-round? Where's the horse for the child who is black?"

the "Manhattan Project."

"[The bomb] went off on the 23rd of April, 1951," Stokes said, referring to the strike which shocked the school system and led to the pivotal filing of Civil Action no. 1333, Davis et al. v. Prince Edward County Board of Ed, filed one month later on May 23, 1951.

Later grouped with Brown v. Board of Ed in the US Supreme Court, Davis et al. proved to be successful in achieving the goal of equal school conditions and a new school building through the greater cause of integration.

Salisbury resident Mary Gladys Jones is African-American and a retired teacher who served more than 50 years in local public schools. She said as a black woman in the early fifties, pursuing a career as a teacher was one of few options available for her beyond high school. Moreover, segregated schools made more difficult her ability to access higher education.

"We could not get our education in Salisbury," said Jones. "We had to go across the Chesapeake Bay to Bowie."

Like Stokes, Ms. Jones persevered to achieve success in her career to educate and serve her community. "I was taken as one of the first African-Americans to teach a sixth

Students

Continued from Pg. 1

man are two non-traditional students who decided to pursue a college education at SU for a variety of reasons.

For Dorman, a second year senior majoring in Philosophy, his discharge in the Marine Corps led him to a new journey; college.

"Five years ago, when I was honorably discharged from the Marine Corps, I had to ask myself: 'what now?' At that time, I felt an intense desire to pursue an educa-

tion at the collegiate level," Dorman said. He also mentioned that a college education would help him to better grasp what experiences he encountered while being active in the Marine Corps. "I had an existential need to come to a sense of who I was along with what my experiences meant. I believed that a college education would help me address those needs," Dorman said. Salisbury was a practical choice for both Rowe and Dorman. "I attended Wor-Wic Community College before transferring

into SU, and I didn't feel like moving far away," Dorman said.

According to Rowe, there were many reasons that she chose SU.

"First of all, online institutions proved not to be an option for the field I intend on entering. Secondly, Salisbury is the closest university to my home offering the degree I am currently pursuing. Third, Salisbury was a logical choice as a Chesapeake transfer student. Additionally, economics plays into just about everything, including my decision to attend Salisbury," Rowe said.

doing away with some historic buildings, making part of Main Street mainly for pedestrians, not concentrating on economics, and not taking advantage of local places like SU and Peninsula Regional Medical Center. "My primary advice for Salisbury would be to focus more time, money and energy on creating and implementing a market-based economic development strategy than on planning for more physical improvements. Physical improvements should derive from economic development strategy. And, it's imperative that the city's planning and land use policies be integrated into the downtown economic development strategy," Smith said in an e-mail.

Strodt is also Salisbury native, and although it has changed, she sees the importance of a downtown area. "I've been here all my life and it's just a fantastic place and I want to see it regain the energy — it doesn't have to be the way it was, but I do want to see the energy. I'm willing to work for that," Strodt said.

What do you want to see in Downtown Salisbury? Share your thoughts and opinions on Downtown revitalization for a future article. E-mail Vanessa Junkin at vj21300@students.salisbury.edu

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Crime Beat

2/22/10
7 a.m.-2:30 p.m.
Theft

A student reported the theft of money and a paycheck from their mailbox located at the Salisbury University Post Office.

2/22/10
2:26 p.m.
Malicious Destruction of Property

A faculty member reported graffiti written in the North side and South side second floor men's bathroom located in Fulton Hall.

2/22/10
6:07 p.m.-6:32 p.m.
Suspicious Person

A student reported an unwanted visit from a former friend who does not attend Salisbury University.

2/22/10
10:50 p.m.
Attempted Robbery Off-Campus

A student in the parking lot at University Park was approached by four white males who attempted to rob the student.

2/24/10-2/25/10
7:45 a.m.-8:30 a.m.
Suspicious Person

An unknown older white male approached an employee working in Henson Hall asking for money. The next day an employee working in the TETC building was approached by an unknown older white male asking for money.

2/26/10
1:24 a.m.-1:40 a.m.
Intoxicated Student

An officer was dispatched to the pedestrian underpass in reference to an intoxicated student who had fallen and bumped their head. There were no apparent injuries and the student was escorted back to their room.

2/26/10
2:10 a.m.-2:30 a.m.
Sexual Assault

University Police are investigating the report of a sexual assault that is alleged to have occurred within a Nanticoke Hall resident's room.

2/27/10
11:30 a.m.-11:50 a.m.
Robbery

The Salisbury University Police assisted the Salisbury City Police with the investigation of a robbery that had taken place at the Shore Bank on S. Salisbury Blvd. near Milford Street.

2/27/10
2 p.m.-2:30 p.m.
Fire

Officers were dispatched to the Gull's Nest in the University Center for a fire. The Salisbury Fire Department arrived and extinguished the fire.

Shuttle service to UP, UV, Dresser extends hours

By Ryan White
Staff Writer

The SU shuttle will now be running an hour and 45 minutes later than it had been.

Rather than picking up students until 10:30 p.m., the service will now run until 12:15 a.m., Monday through Thursday, due to looming safety concerns surrounding transportation to and from University Park, University Village and the Dresser parking lot.

Kevin Mann, director of the physical plant, said the change was brought about by requests from students and the Salisbury University Task Force Committee.

The shuttle runs on a 15-minute loop and was initially founded for residents of University Park. The original hours were 7 a.m. to 10:30 p.m. to accommodate students with evening classes. With students staying in Blackwell Library until closing hours, there was a need for later transportation.

"We noticed students that were going to and from the library up until midnight and it was our job to coordinate some form of safe transportation," Mann said.

The change was implemented two weeks ago, and since then, more and more students have been riding the shuttle, said Colleen Kirby, the fleet coordinator at SU.

"Our main priority is the safety of our students," she said.

In an attempt to conserve energy, the

shuttle will operate by means of a passenger van in the extended hours of the night rather than buses. If the demand continues to increase, any necessary changes will be made. Several e-mails have been sent out to the campus community to notify the students of the adjustments. In addition to the shuttle changes, Mann mentioned that University Police escorts services for anyone who wishes to be escorted during the night.

"While the recent changes seem to

have had a positive effect thus far, the shuttle will continue to make adjustments to better fit student needs because it is our job to provide the academic community with a safe, secure, and comfortable atmosphere," Mann said.

Kirby said students should note that even though exams begin on a Saturday, the shuttle will be running that day, Saturday, May 15, from early morning until after the last block of exam time.

Haiti

Continued from Pg. 1

whole evening: the SU community coming together in support of something bigger, something significant.

Junior Christie Stone, Squawkapella member, said she was pleased with the diverse turnout, and the message that was being expressed brought the SU community together.

"This just shows that everyone is equal and we can come together, and show that we are human and we need to value human life," Stone said. One performance that reflected the overall theme of the night was SU's

Gospel Choir. Students fed off the melodic harmonies the choir brought to the stage.

Steph Kiefer, a freshman at SU, said she was really moved by the emotional performance given by the Gospel Choir.

"It literally brought me to tears," said Kiefer.

SU students of Haitian descent played an immense part in the concert as well, giving the audience insights as to how this tragedy has affected their personal lives and families.

Alix Aurelien, president of the Caribbean Student Association, spoke to the audience about his fam-

ily and friends currently living in Haiti.

"It took me three days to finally get a hold of my uncle," said Aurelien, who has the majority of family and friends living in Haiti. "I had three friends living in Haiti who did not survive this tragedy."

Aurelien's parents sent him and his twin brother to the U.S. four years ago with the intentions of them seeking better educational and living opportunities. He said the Haitian capital, Port-au-Prince, is destroyed and those who have tents to live in are considered fortunate.

Muhtaseb said the concert was an overall success.

NEDAW

Continued from Pg. 1

"Negative body images lead to eating disorders," Dudley-Eshbach said. "It's time to start talking about it."

Afterwards, Sammy the Sea Gull led a 1.5 mile parade around campus. The participants carried posters and received support from people in cars, who honked their horns as they drove by. "I [Walk About It] brought awareness to the community as well as the campus," said counselor Dawn Hamer.

On Feb. 25, award-winning author and bulimia survivor Lori Hanson discussed her novel, "It Started with Pop-Tarts... An Alternative Approach to Winning the Battle of Bulimia" and informed students of the dangers of eating disorders.

Hanson came on stage singing a song, "Sexy Little Shoes," representing that confidence is key to having a healthy mind. Currently working as an eating disorder coach in California,

Hanson speaks at different colleges around the country and continues to write books promoting healthy living.

From a young age, Hanson struggled with low self-esteem and began emotional eating in college after she and a friend found an industrial bag of Pop-Tarts. Her binge eating was soon uncontrollable and she began her 34-year battle with self-image and bulimia.

"From a very young age, I was trying to be what I was supposed to be," Hanson said. "I never felt comfortable in my own skin." After suffering from an abusive relationship, Hanson began listening to Founder and CEO of Chicken Soup for the Soul Enterprises, Inc. Jack Canfield's inspirational tapes and finally began to gain self-confidence.

"I began to learn how to let go of the things I held on to for so long that were destroying me," she said. "Recovering from an eating disorder requires you to shift your mindset."

Before Hanson spoke, a video about body images in the media was shown and a group discussion followed.

Scholar Holler

at the Center for Student Achievement!

Nicole Massarelli

Hometown: Clarksville, Md.
Major: Mathematics

"Nicole acts as a math tutor, excels in the classroom, is an outstanding student-athlete and is very modest," said Coach Margie Knight. Nicole has also received recognition as the ESPN Academic District Three All-American, maintaining a 3.9 GPA.

Nicole's advice to students:
"Do not procrastinate!
Develop good time management skills."

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C zero De Luca/EPA photo

Argentina and U.K. grumble over oil

By Travis Ross
Staff Writer

The United Kingdom began drilling for oil off the coast of the Falkland Islands last week, igniting a diplomatic row between the U.K. and Argentina. Argentina has protested the oil exploration because it still claims the islands as part of its territory.

Argentina has demanded that all ships entering into the waters surrounding the islands must report to the Argentinian government and acquire shipping permits. Britain has refused to abide by the demand.

Oil exploration ships have been taking samples and estimates have shown that drilling could yield millions of barrels of oil. Argentina already produces oil but has little known reserves. Britain has increased naval patrols in the area to protect the country's assets.

The Falkland Islands are an archipelago off the southeastern tip of

Argentina. The Argentinian people call them Las Malvinas. Britain and Argentina have quarreled over their possession in the past, but Britain has controlled the Falkland Islands since 1833. In 1982, a war was fought over the islands that lasted seven weeks. Less than a thousand service men on both sides lost their lives. Britain was the victor and retained control of the islands.

In 1995, both countries agreed to co-operate on oil exploration in the area. Shortly after, this agreement broke down when Argentina wanted to expand the zones of exploration.

Since the war, Argentina has pledged to not use force in disputing control of the Falklands. In the current clash, Argentina has tried to use negotiations to bring support for their cause. At a summit of Latin American and Caribbean nations in Mexico, Argentina gathered support from countries that agree with their

claim to the islands. Venezuelan President Hugo Chavez has pledged military support to Argentina in case any fighting does break out.

The foreign minister of Argentina met with Ban Ki-moon, the secretary general of the United Nations. Argentina wants the U.N. to force Britain into talks about ownership of the Falkland Islands. Previously, the U.N. had required talks to take place between the two nations before any resource extraction in the islands was to occur.

The conflict is both political and economical. The presidential elections of Argentina take place next year and to be re-elected, the current president, Cristina Kirchner, needs to show her people why she should be elected again. The amount of oil would bring in money to the badly hurt Argentine economy.

Information was obtained from the New York Times and BBC News.

Renewed fighting threatens truce in Darfur region

By James Asuquo-Brown III
Staff Writer

On Feb. 23, Sudanese President Omar Hassan al-Bashir signed a truce with the biggest rebel group from the war-plagued region of Darfur, the Justice and Equality Movement. The production of a full peace accord remains to be seen, and similar truces have fallen through in the past. Despite that, the United Nations, African Union and Qatari-brokered deal comes at a moment where the conflict has arguably reached its zenith, causing an estimated 300,000 civilian deaths and spurring a global campaign to end the conflict.

There has been little fighting in recent months, though most of the two million refugees remain in their camps. Bashir, who has been evading an arrest warrant from the International Criminal Court for a year now, appears to be taking steps towards peace.

He agreed this month on a separate truce with the Chadian President Idriss Deby, who has played a part in sponsoring rebels in Darfur with the Sudanese responding with its own interference in return.

Alongside peace, Bashir has two other potentially explosive

political issues to deal with. One is the national election slated for April 11, the first in 26 years, in which he is running for president against 11 other candidates. The other is an upcoming referendum in January in which the Autonomous Government of Southern Sudan will decide whether to become an independent country. It is likely to do so, which would mean that its government and Khartoum would be faced with trying to negotiate the terms of separation.

Late last week, however, the Sudan Liberation Movement/Army led by Paris-based Abdel Wahed Mohamed el-Nur, along with other rebel groups has rejected the truce, claiming government forces attacked its positions in at least three areas in West Darfur state, including Deribat, and demanding that security be restored on the ground before talks begin. The Sudanese army has denied launching an attack.

"[These allegations are] not true. The Sudanese army did not attack Abdel Wahed's forces. There are no clashes in this area of Darfur. The army controls the area," an army spokesman said.

All information in this article was sourced from The Washington Post, Reuters, and AllAfrica.

Former president ousted during coup in Niger

By Jeremy Riffle
Global Editor

The third coup in West Africa in 18 months took place on Feb. 18, when Niger's military ousted their country's president. Ten people are said to have been killed during the overthrow.

Mamadou Tandja, who had been president of Niger since 1999, is currently being held by the military. Colonel Salou Djibo has been named the head of the military government, which is being called the Supreme Council for the Restoration of Democracy. Mahamadou Danda, who served as the communications minister for a previous administration, has been installed as a civilian prime minister.

The coup has been well-received by the people of Niger, with a crowd of 10,000 amassing on Feb. 20 in support of the military and democracy.

"We say thank you to the junta for their intervention," said Bazoum Mohamed, an opposition spokesman, during the rally.

Harouna Djibrilla Adamou, a military leader, told the crowd that the coup is meant to help Niger.

"What we did was in the best interest of

Niger. We ask you to stay calm, we're here for you, we're listening and we assure you that we will never let you down," he said.

The military government has promised to hold democratic elections and has barred members of the coup from participating. Despite these claims and the support the coup has received from Niger's population, the international community has condemned the coup.

Tandja, early in his presidency, was praised for restoring relative stability to Niger. In 2009, however, Tandja was criticized domestically and internationally for illegally amending the country's constitution in order to remain president. When Niger's Supreme Court ruled against him, twice, citing that his proposed amendment would have to be passed by three-fourths of the country's parliament, which was unlikely, Tandja disbanded both the court and the parliament. He then proceeded to hold a referendum in August 2009, in which the amendment was passed by a landslide, though there were allegations that the outcome was rigged. Opposition politicians have urged that Tandja be tried for treason for what has been called a "constitutional coup."

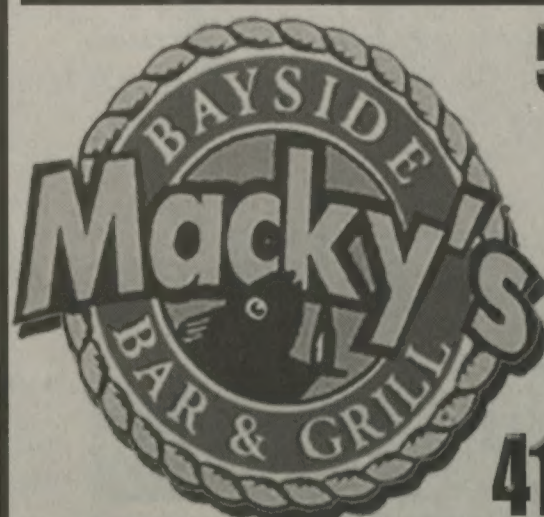
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Overheard: Who do you think is going to win big at the Oscars?

Photos and article by Kelly Mundle and Adrienne Price

Check out new Overheard videos on our blog at <http://suflyerblog.blogspot.com!>



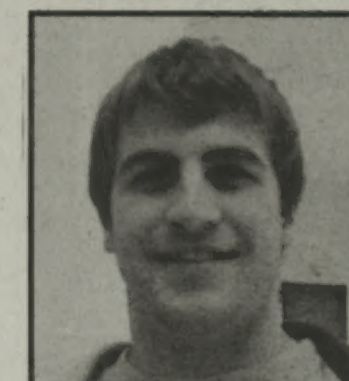
"I think that 'The Blind Side' is going to win big because I love Sandra Bullock."

-Samantha Evans, sophomore



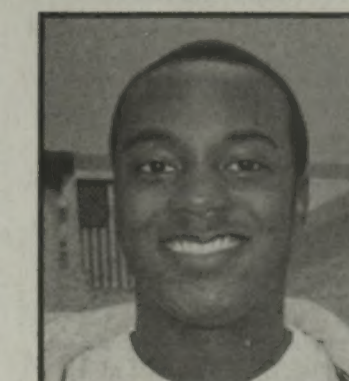
"I don't think that 'The Hangover' is nominated for anything but I think it should be because it was really popular and I like Bradley Cooper."

-Kelsey Mitchell, sophomore



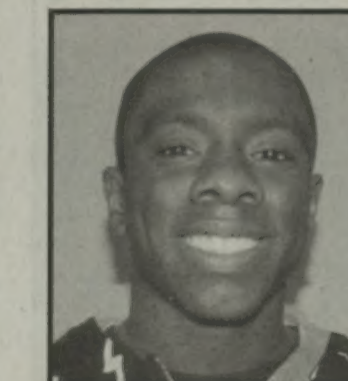
"The Hurt Locker" because it's the best movie I've seen all year."

-Heath Miller, freshman



"I think 'Avatar' and James Cameron should win big. It's visually stunning, it's probably the best movie I've seen all year."

-Jovan Turner, junior



"I think it's going to be 'The Hurt Locker' because it was really great, a better story. It was just the best movie this year."

-Kester Bonsu, junior

The Flyer

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RETRACTION

In the Feb. 23 issue, it was incorrectly stated in "SGA Constitution tweaked" that anyone can run for Exec Board. The only change the SGA made to that was that the president only needs two semesters of experience instead of having to be on the Exec Board the year before. The SGA originally proposed this, but so many people had issues with the change and voiced their opinion that they decided to not make this change.

Editorial Policy: Letters are welcomed and ENCOURAGED. Please include your name and your class. Faculty members, please include your department. Letters should be no longer than 400 words. The Flyer reserves the right to refrain from publishing any text. Deadline for submission is Wed. at 5 p.m. Please e-mail letters to flyer@salisbury.edu.

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Subsidizing freedom

By Robert Forrester
Staff Writer

Late in February, the Dutch government's ruling coalition was defeated in a vote to extend Dutch soldiers' tours in Afghanistan. The soldiers, who are set to return this year, have been in Afghanistan in support roles since 2006. Meanwhile, U.S. soldiers, who have been in the country since 2001, are having tours extended and reinforcements sent. The Netherlands aren't the only country agitating to "bring the boys home." Germany's Foreign Minister Guido Westerwelle has announced a desire to reduce their troop commitments by next year. Germany currently has the third largest troop deployment in Afghanistan with 4,300 soldiers. Afghanistan isn't the only front in "the War on Terror." As easy as it is to forget, international soldiers still remain in Iraq, though admittedly few. Spain, Japan, the Philippines, Poland, Italy, and South Korea have all left Iraq.

Armies leave in droves, and yet there is no end to the conflicts in these regions. Why is it that foreign countries, some of which have suffered attacks of their own, do not feel it necessary to defend themselves from further attack? Why do some withdraw during the hardest fighting? Why do some fail to bring their entire force to bear? The simple reason is that they do not have to. It is no secret that the United States spends more on its military than the rest of the world combined. Our Coast Guard is the world's seventh largest navy (in terms of gross tonnage and firepower). Our network of alliances harking back to Cold War containment policies

stretches across the world, and American military bases exist on every inhabited continent (with the exception of Africa). When you're friends with the biggest kid on the playground, there's really no need to watch out for yourself.

I'm not exaggerating, either. In 2008, the Australian navy sent its personnel home to their families for Christmas, leaving only a skeleton crew of bachelors on its ships at dock. The Dutch decided to leave Afghanistan last year because twenty soldiers died in a war zone, and the government collapsed at the suggestion that they remain a little longer. German forces aren't allowed into areas of combat operations, and French forces aren't allowed outside Kabul. In Afghanistan, an embarrassing seven countries of the International Foreign Assistance Force have sent troops in numbers that don't even break into the double digits. Only ten countries have sent more than one thousand soldiers, and of them, only one has sent more than ten thousand (The United States).

This can't go on forever. Eventually even the British will stop following us to the ends of the Earth, promoting what will pass for peace and democracy. Eventually we will see the futility of trying to "go it alone" in some backwards dictatorship, leaving him to oppress his people because the international pressure was too much for him. And someday, well after our country's fair-weather friends have finished congratulating us and themselves on our new approach to foreign affairs, something horrific will happen, and everyone will wonder why no one stopped it.

~SUDOKU~

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Solution to last
week's puzzle:

1	7	4	9	2	6	3	8	5
2	3	5	4	1	8	9	7	6
9	8	6	5	3	7	4	2	1
4	2	8	6	9	3	5	1	7
6	1	9	7	4	5	8	3	2
3	5	7	2	8	1	6	9	4
7	9	3	1	5	4	2	6	8
8	4	1	3	6	2	7	5	9
5	6	2	8	7	9	1	4	3

Ms. Advice



Ms. Advice answers all your questions, even private ones, in complete confidentiality. Send your questions to: ak09722@students.salisbury.edu

My parents just bought me a new car. The only problem is that because they bought it, they feel that they can hold it over my head, and take it away from me if they think I do something wrong. I feel like this is really unfair and basically an indirect way for them trying to control my life. How can I get them to back off and not have them tell me when I can or can't have my car?

Sit down with your parents, and explain to them why you think you are responsible. Tell them that you feel it is unfair that they are trying to control your life with this car. Do everything possible to show them that you are a mature adult and talk to them about how you won't always have them helping make decisions for you. However, they did buy the car — did they express any guidelines when they gave it to you? If so, keep that in mind during your talk with your parents. If they still try to control you, offer to pay for your car if you can.

I am very self-conscious about my body, and I wish I could just stop worrying about how I look and have fun. I am always stressing out about how I look in my clothes, what my hair looks like and if I am too heavy or thin. How can I beat this problem I have of not liking the way I look? I want to feel comfortable in the skin I am in but I just can't seem to do it.

A lot of people struggle with being self-conscious about how they look. If it is a clothing issue, buy clothes that you feel comfortable in — not what you think other people will like. If you feel comfortable with how you look, most likely everyone else will too. Also, talking to someone might help you realize why you are self-conscious about anything in particular, and it is a great way to let your feelings out. You could also consider making an appointment with the Salisbury University student counselors.

Proposed hot dog changes are gag-inducing

By Mitchell Jones
Staff Writer

The ingredients of a hot dog are so speculative, its recipe could almost be considered a national secret. Filled with processed meat and injected with who-knows-what, these belly-busting treats practically come with a free coronary. But the hot dog is more than an allusion to American gluttony—it's a piece of iconography, representative of the culture by which it's enjoyed. Served at ballparks and street corners nationwide, the hot dog and its unmistakable shape have become a symbol of America, second only to the national flag. But thanks to a recent conference held by the American Academy of Pediatrics, America's favorite little phallic symbol could

be in store for some major changes. Calling it "the greatest food related choking hazard to children," the AAP has moved to redesign the hot dog, making it less of a safety hazard for those ages three and under.

"Changing the shape of hot dogs is ridiculous. I don't even know what to say," says area local Matt Dallam. "Why is this necessary? Here's a solution: don't feed your three-year-old a whole hot dog unsupervised."

While the AAP attributes 17 percent of choking-related deaths among children to hot dogs, 100 percent of choking-related deaths can be attributed to bad parenting. By nature, three-year-olds go about nourishing themselves in a haphazard manner—they throw food, miss their mouths, and swallow things

whole when possible. To fault a child for eating like a child is similar to faulting a dog for barking. Instead, blame can be shifted to the parents, and by the looks of things, America has a lot of bad ones.

It doesn't take a certified nanny to know that letting a small child eat unsupervised is about as good of an idea as letting R. Kelly onto the school playground during recess. But despite the common sense definition of good parenting, many parents fail to properly supervise their children during mealtimes.

"Nowadays, parents don't seem to care much about their kids. They're more concerned with themselves," says area local Lisa Jones.

Of course, children's safety is paramount to health professionals and ordinary citizens alike. But by

changing the shape of a hot dog, it could be argued that more harm will be done than good. Aside from the unnecessary destruction of an American icon, the alteration of the hot dog's shape is a white flag in the battle against parental responsibility. By catering to the parents who find it easier to let their children run unsupervised, a message is delivered—it's ok to take your six-year-old to a Scorsese film. It's acceptable to bring a crying infant into a fancy restaurant. And it doesn't matter how far the child strays from home, so long as it doesn't interrupt "grown-up time." What America needs is a wake-up call, not a safety dog. And until parents take a more proactive interest in child safety, some kid, somewhere, will choke on something.

New housing rules cause hassle

By Morgan Majchrzak
Staff Writer

The Housing and Residence Life Office has made additional mandatory changes for next year, and they mostly affect next year's seniors. Next semester, according to Housing's e-mail to students, "current students with 5 or more semesters in housing and/or 90 or more credits at the end of the spring 2010 semester" must move "off campus" either into University Park or somewhere else. Housing had guaranteed seniors four full years on campus if we so choose, but are dodging that bullet by adding UP to its East Campus. Now, technically, seniors can still live "on campus" for their entire four years. I do appreciate that UP guaranteed the displaced seniors a spot if the application was filled out in time. Also, this is temporary until the Allenwood residential complex is completed for upperclassmen.

I am not upset at the fact that seniors have to move off campus because I was almost positive I was moving off campus, but I was

relieved to know living on campus was available to me. Now, that relief is long gone.

Prices for every option are increasing too. UP's rent will be \$570 for a four bedroom, two bathroom apartment — not including gas and electricity. UP is viable except it is absurdly difficult to have friends come and visit because there is limited guest parking and UP tows. I understand that you can go on campus to visit friends, they can take the shuttle, or they can walk to visit you. However, when the weather sucks or it's nighttime, your apartment will be a ghost town. Still, it would be a welcomed relief to not share a room. Houses and apartments are fairly cheap if you bring in your own furniture or pay more for fully furnished. Living in a house could be inconvenient if you are planning on graduating in December because then you'd have to scramble to find a person to take over your lease.

I hope Housing realizes that many students are irritated and displeased about this change. I talked to a lot of other students af-

ected, and the majority said the same thing: the way that Housing told us was completely inappropriate. We did not even have a say or a warning this was going to happen. We weren't treated like adults. I don't know how this will fare when we graduate and have this

sour taste in our mouths when it comes to Housing. It isn't helping the student-school relationship at all. Overall, I, along with other students, had hoped that Housing would have treated us a little more like adults and not shoved us to the side.



Kelly Robinson photo

Current juniors Anne Gilbert and Bridget Kerner aren't eligible to live on West Campus next year under the new housing guidelines.

ObamaCare could affect small businesses

By Sofia Linshitz
Staff Writer

President Obama has just proposed his own version of a health care plan. The 1 trillion dollar plan would expand coverage to about 31 million Americans who are lacking health care. Insurance companies would not have the option of denying patients due to pre-existing conditions, and the government will have more control over insurance companies. It will lay ground rules to keep premiums down and prevent insurance industry abuse. A new Health Insurance Rate Authority will be created that will review practices of insurance plans. The

Nebraska Federal Medical Assistance Percentage will be eliminated and additional federal financing will be provided to all states for the expansion of Medicaid. Just as the Senate did not include public health insurance option, Obama's plan does not either.

Undeniably, Obama's efforts are admirable in his quest to reform the current health care system. However, there are still numerous concerns among many Americans with his new proposal and especially the tremendous role that the government will play in Obama's health care reform. This plan would probably raise the federal deficit even more, which is scary in light of the

ongoing national recession. Increased centralization and government control is not the solution to current problems. The new plan will also include new tax increases and cuts in Medicare, which will most likely reduce the quality of services. However, the costs of health care are rising and it is a serious national problem.

In my opinion, the best way to conquer the current situation is by consumer choice and increased competition that will force lower costs. A big problem with President Obama's plan is the effect it will have on small businesses. Small businesses will have punitive new taxes, decrease health expenditures

overtime and new rules will be established on what coverage employers must offer their employees. It will force employers to contribute minimum percentages of employees' insurance premiums or subject them to new taxes. Also, instead of increasing spending, the government needs to use budget more efficiently and get rid of fraud in the health care system as much as possible. Instead of the current paper service system, healthcare providers need to be paid for the quality, not the number of services. There needs to be an end to discrimination in the tax code that rewards corporations for offering insurance but offers no benefit to the individual.

Why are we in Afghanistan?

By Tara Underwood
Staff Writer

American troops have been fighting in Afghanistan for more than eight years after the 2001 terrorist attacks by al-Qaida on the World Trade Center. As the months continue to drag on, more and more troops are being sent over to fight, with many dying, raising the question, "What is the point?"

The primary reason why U.S. troops were sent over to fight is to find Osama bin Laden and capture or kill him. Unfortunately, he escaped into Pakistan and is still being sought. Another reason involves the Taliban. The Taliban, which has become a mixture of narco-jihadi tribal guerrilla forces, is an uprising of tribal rivalries that are rallied up by American attempts to stop opium profits.

American forces are fighting for much more than to simply get rid of Taliban control. Diplomats are trying to support the democratic Karzai

government where people can take part in political movements and laws instead of being constantly controlled and tortured by the Taliban. Adding to this idea, the U.S. government believes the Taliban and al-Qaida forces cannot stay in Afghanistan anymore if a stable and secure state begins to exist.

Afghanistan is also the world leader in opium production. 90 percent of the world's opium comes from Afghanistan and the U.S. is trying to stop this major drug trade.

While the reasons stated above are noble and acceptable reasons to fight in Afghanistan, the costs are astronomical. According to the Congressional Research Service, the U.S. government spends 3.6 billion dollars per month in Afghanistan alone. For one soldier to stay in Afghanistan for one year, it costs one million dollars. The amount of money the U.S. government has spent on the war is extremely high, which is one of the main reasons why some Americans get angry and

also believe no progress is being achieved. After all, the main reason we were in Afghanistan at first was to capture bin Laden and now he is not even in the country—why are we still fighting?

While the money spent on the war is a major cost, the highest and most devastating cost is the amount of soldiers who have died. Currently, the death toll of Operation Enduring Freedom is over 1000. One thousand American service personnel, who include soldiers, sailors and Marines, have died in roadside bombs, shootings and more. The cost of deaths causes immense pain and heartache among hundreds of American families and friends.

While the U.S. does have sufficient reasons to be fighting in Afghanistan, something needs to be stated to the public to reassure thousands of concerned people what is being achieved. The level of hate, violence and uncertainty is not reassuring and continues to rise among people who have been affected.

CLASSIFIED ADS

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Volume 37, Issue 17

Habib Koité and Bambada set to perform for SU's World Music Festival

By Amanda Johnson
Staff Writer

At this year's World Music Festival, SU will present a diverse group of musicians to students and the public. Malian guitarist Habib Koité and his band Bambada will perform on Tuesday, March 9 at 7 p.m. in the Holloway Hall Auditorium.

Koité is from Africa and has made himself a primary figure in the world of contemporary music. With a large fan base, Koité's albums have reached the top of the

European world music charts.

Referred to as "Mali's biggest pop star" by Rolling Stone magazine, Koité uniquely combines rock and folk music with a traditional Malian sound.

"His music is so unlike our music tradition. It is truly an honor to have him here," said June Krell-Salgado, cultural affairs director.

Koité and his band Bambada have sold over 250,000 albums worldwide and have performed on some of the nation's most reputable stages. He has made appear-

ances on the Late Night Show with David Letterman and has been featured in Entertainment Weekly, Vanity Fair magazine, and the New York Times.

"He is one of the people we have always wanted to come, he is an amazing performer and his reputation as a guitar player is mythical," Krell-Salgado said.

Sponsored by the Office of Cultural Affairs, Fulton School of Liberal Arts, Multicultural Student Services, SOAP, and the Mid Atlantic Arts Foundation, the per-

formance will feature music from Habib Koité & Bambada's latest album, "Afriki."

"This concert is going to be great. It is not every day that we have someone of his caliber, he is honored and fortunate that he is coming," said Dr. Jackie Lew, world music teacher.

Their performance will be a part of SU's World Music Festival, which also features Bonzo and Toun—Estonian musicians best known for their use of the Hawaiian guitar. Bonzo and Toun per-

formed on Monday, March 1. Alash Ensemble—a group of Central Asian throat singers—will be in Holloway Hall Auditorium at 7 p.m. on Wednesday, March 10.

"These are all very different world musicians. I'm really excited for the students and the community; it's great for them to see the performances," Krell-Salgado said.

The festival is free to students and the public. For more information, go to the "Cultural Affairs at Salisbury University" Facebook page or call 410-543-6271.

SGA says, "Stop Hatin'!" Málaga study abroad program celebrates 10th anniversary

By Theresa Fichter
Staff Writer

Those who have been stereotype victims have the opportunity to remind the community to "Stop Hatin'!" On March 8, the SGA will kick off the "Stop Hatin'!" campaign, a series of events dedicated to eliminating universal stereotypes.

"The goal of the campaign is to break down stereotypes and barriers that exist, while also making them known," said Breanna SGA vice president of diversity and coordinator of the campaign.

"We'll have events every night to get the community involved... clips from movies like 'Crash' and shows like 'Family Guy' will be played to remind everyone that stereotypes are all around us," Nunez said.

The event will begin with an open mic night in the Wicomico Room at on Monday, March 8 at 8 p.m. Attendees can sign commitment contracts, saying that they will help eliminate

and prevent stereotypes, and receive t-shirts. The idea for the campaign, which began last year, was influenced by an inspirational video about diversity played at an SGA conference that Nunez at-

tended.

"The video was played, and we sort of branched off that," Nunez said. "We constructed a free speech board for people to write on. After the first day, there was no space left on the board. It was awesome! We plan to do it again this year."

Stereotypes have been affecting SU and the surrounding community for many years.

"Not everyone knows stereotypes exist... a lot of things happen that people don't know about. I actually got reports from Campus Police; some of them date back to 2006," Nunez said. On Tuesday, March 2, the SGA invites Registered Student Organizations to the Wicomico Room for a recognized event in which they can show the community why their organization does not "hate."

Nunez also encourages creativity from those who are not part of an RSO but still want to help.

"If you want to get a group of friends together to make a banner, more power to you!" Nunez said.

Banners are due Friday, March 5 and will be hung in The Commons during the week of Monday, March 8.

The University. They may share the home with another SU or international student. Málaga is an authentic, culturally rich city that excludes tourist traps. "It's a real, vibrant city where people work and have real lives," said Dr. Louise Detwiler, department chair of Modern Languages and Intercultural Studies. Detwiler led the program in 2005 and 2007 and was a Universidad de Málaga student 25 years ago for one year.

"Though it's only about 30 minutes from the tourist-laden beaches of the Costa del Sol, Málaga itself is [a] sun-drenched Spanish city, that allows our students to live like 'temporary Spaniards' for five weeks, rather than like tourists... just like the other 600,000 residents of Málaga," Brower said.

According to Brower, some students have returned to Málaga to complete independent study projects as assistants and on their own. "I gained a greater appreciation for different cultures and confidence in my ability to speak Spanish," said Katie Wager, a student who went on the trip.

Previously, native Spanish-speaker Bown led the study abroad program in Ecuador. Bown will take students on group trips to Granada, Sevilla and Córdoba. They will see La Alhambra, the Neja caves and the Moorish influence in southern Spain. This influence is most apparent in architecture, music, dance, and food. Málaga is the birth city of Pablo Picasso, and the city holds one of many museums dedicated to his art.

Bown said that a local student of the same age group will be assigned to tutor each SU student and to accompany them at attractions. "You can practice language, learn some of the slang and do some of the things that young people do in Málaga. We want students to really immerse themselves in the language and the culture. This may be the only time that some of our students will spend five weeks in a Spanish-speaking country, so we want students to take advantage. After the first couple of days students can enjoy more and better absorb the culture and feel part of it, and that's what we want. We want [them] to be 'Málagaños' (a person from Málaga) and enjoy the culture as if [they] were native."

An unlimited-ride metro card is included in the program, which allows students to take bus rides around the city.

"It's easy to travel in the city; nothing takes more than 20 minutes or half an hour," Bown said. Beyond Málaga, Bown said that the public transportation system is excellent.

A special event is planned at the end of the program to celebrate the 10 year milestone. SU and Universidad de Málaga are working to bring special visiting guests to the celebration.

The estimated cost of the program is \$4050, which includes all meals, lodging, health insurance, the metro card, and group trips. This excludes airfare cost, any passport fees, and personal spending money.

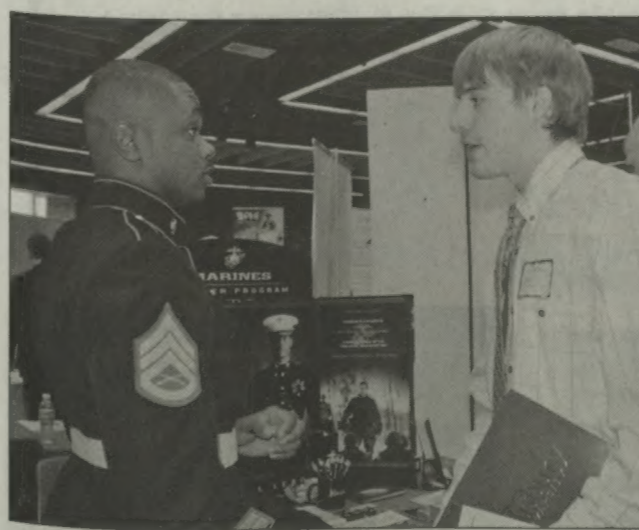
The deadline for applications has been extended to Monday, March 15. The prerequisite is Spanish 202, and a \$250 deposit is due to the cashier's office when submitting the application. A faculty recommendation form—available on the SUCIE Web site—and a 2.5 or higher GPA are also required.

From the Photo Bank: What's Happening On Campus



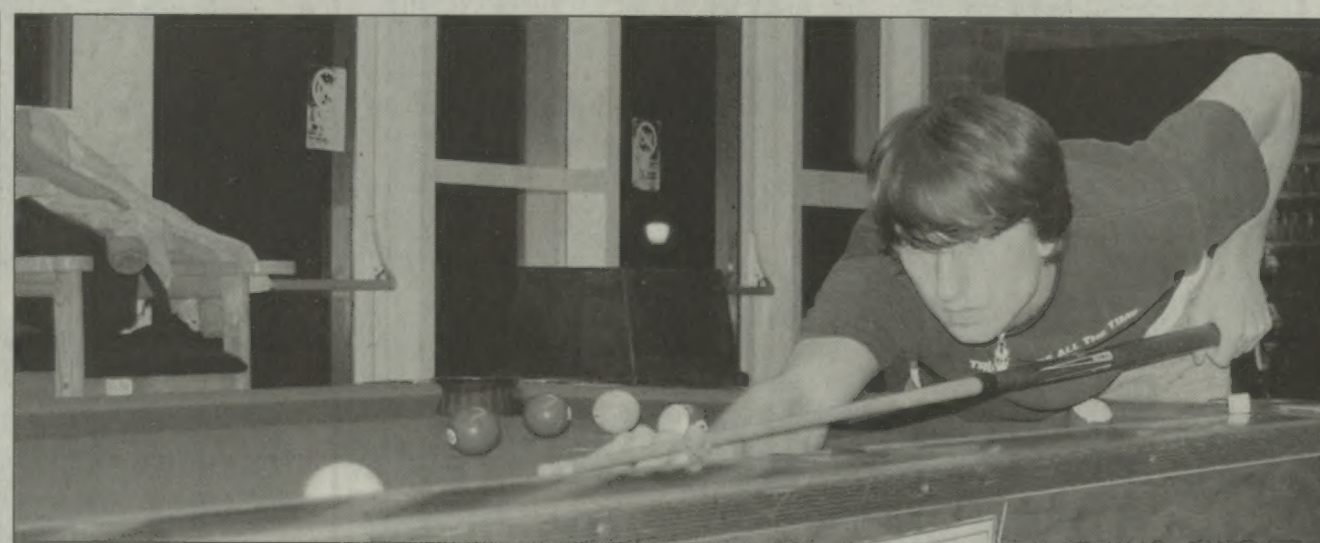
Leslie Davis photo

Asena Terry auctions off Fred Hobbs at WXSU's first Date DJ — For Relay event, held the evening of March 1.



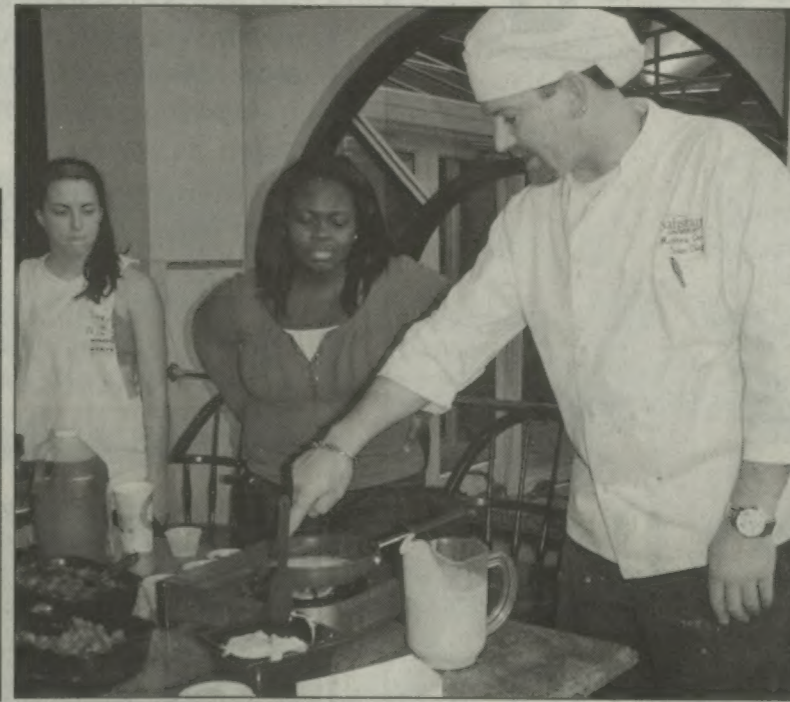
Vanessa Junkin photo

Staff Sergeant Jeffrey McIntyre talks to sophomore Scott Wise about officer recruiting at the job fair on Feb. 24.



Dan Anderson photo

Competitor Brandon Walsh eyes up his shot on Thursday, Feb. 25 at the pool tournament hosted by GUC Events outside of the Gull's Nest. Other pool tournaments will take place at 7 p.m. Thursday, March 25 and Thursday, April 22.



Jules Waxman photo

Students look on as Chef Matt Conley demonstrates during GUC Events' Pancake Cooking Class on Feb. 24 in the seating section of Gull's Nest.



Leslie Davis photo

Lori Hanson shares her experience of overcoming bulimia with students on Feb. 25.

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Unleash Your Fitness Potential

Eat foods that do the work for you: Part one

By Eric Buratty
Life & Style Editor

If you are reading this right now, chances are you care about your physical appearance to some extent. While nutrition is one of the most debated topics in health and fitness, I want to hopefully give you some concepts you may not have thought of before that you can readily apply.

Even if you are able to make it to the gym, you have to realize that your results are directly related to what you are putting into your body. In other words, you have to do more than just work out. It is called nutrition for a reason. If you truly desire permanent physique change, you have to complement your training with proper nutrition.

Keep your metabolism running

Regardless of what your goals are, you will get there faster if you keep your metabolism running. This means to never go more than three hours without food. Assuming you wake up between 6 and 8 a.m., you would space out your eating with three regular meals and three snacks.

Stop looking at calories, and start looking at the ingredient list

Huh? We all know the basic caloric intake versus caloric expenditure equation. But have you ever tried looking at the ingredient list of what you are eating? If not, it would probably be a good idea to start now. For example, if you pick up something at the store with a "fat free" or "low-fat" label, all this means is that the food is fat free or low-fat. It does not mean the food is healthy. You determine what is healthy by looking at the ingredient list.

The ingredient list measures

the quality of what you eat. There are a few exceptions, but in general, the less ingredients that are on the list, the better. So if you care about your figure but do not know what is in a certain food, it is better to avoid it. Once you learn to eat food with quality, you will understand why nutrients are more important than calories.

Breaking down protein, fat, and carbs

The three macronutrients are fat, protein, and carbohydrates. A food falls into one of these categories based on its most abundant source of calories. For example, peanut butter is considered fat, fish is considered protein, and vegetables and fruits are considered carbohydrates.

Out of the three macronutrients, protein is the most popular, fat is the most underrated, and carbohydrates are overrated. Believe it or not, most Americans do not get enough healthy fats in their diet. Fats such as fish oil, nuts (raw, unsalted), and virgin (unrefined) coconut oil are essential for helping keep the body lean. They do so by reducing lipogenesis (the tendency for your body to store fat).

Protein is undoubtedly the most popular macronutrient because its consumption alone helps replace fatty tissue with lean tissue. How? Protein holds the highest thermic effect out of all three macronutrients because it supports higher energy expenditure than fats and carbohydrates. This higher energy expenditure is associated to central nervous system stimulation from the work performed by your digestive system. This translates to faster digestion, absorption and assimilation of nutrients—which is why you feel full much sooner than when eat-

ing fats and carbohydrates. This warms the body up, and in turn, burns more energy (calories). This is called thermogenesis, and it is the key to fat burning. A general rule for protein intake is that the leaner the protein source, the faster it is digested.

Carbs are overrated because most Americans do not realize that carbs can be stored as fat if consumed at the wrong times. The optimal times to eat carbs are during the first half of the day or around your workout time. Otherwise, keep your carbohydrate intake to lower glycemic, fibrous sources. Carbs that have the lowest glycemic load and index are ones which impact your blood sugar levels the least. Green, leafy vegetables fit this description best. Beans also contain fiber essential for digestion, minus the impact of higher blood sugar levels.

In sum, nutrition goes beyond just a list of healthy foods. After all, what your body ultimately sees is protein, fat, and carbs during digestion (regardless of the source). However, the purpose of this article is to introduce the importance of nutrient quality and timing to the equation of caloric intake versus caloric expenditure. Paying attention to the quality and timing of your calories will help you take full advantage of your time spent in the gym. Stay tuned for part two next week where I will provide a list of foods that do the work for you.

I'm a certified trainer. So if you have any questions about training or nutrition, feel free to e-mail me at eb55419@students.salisbury.edu. For those who are more serious, specify that in your email, and I will be more than happy to consult with you.

What's Cooking?

By Michael Piorunski
Staff Writer

Pizza: it's one of those foods with which nearly everyone can identify. Endemic to both the United States and Italy, pizza, like all food, is a reflection of culture, creativity and tradition. Pizza is both contemporary and classic, and achieves utmost satisfaction when simple yet innovative.

This seemingly basic combination of dough, cheese, a sauce and toppings can transcend humble and simple to reflect the ultimate in gastronomic artistry and culinary skill. Most of all, though, pizza is just plain comforting.

About a year ago I wanted to try my hand at creating great dough for homemade pizza, as I had repeated success with making yeast-leavened breads. To do this I turned to Peter Reinhart and his book "American Pie."

In his attempt to define pizza, its origins and its finest examples, cookbook author and authority on bread-baking turned jenseter Reinhart travels throughout Italy and the United States to better understand what makes the perfect pie.

The region defines the style of the pizza in Italy according to Reinhart, with the most prominent distinction between the Roma, Naples, Florence and Genoa styles being crust texture. The crust of a Roman pizza for example is paper-thin and cracker-like, while Neapolitan pies offer an example of something which more resembles a high-quality thin crust pie one could find state side. Another distinction between the two is the Denominazione di Origine Controllata certification. Pizzerias who make pies in accordance to the strict guidelines of the Associazione della Vera Pizza

and then heat in the microwave for about 15-20 seconds. Remove and let cool for a moment, and then add the yeast to proof for about three to four minutes. Be sure the water is not too hot, as temperatures above 110 degrees will kill the yeast cells.

After the yeast has proofed (it will look like foam) add it, along with the water and the olive oil, to the well in the center of the flour.

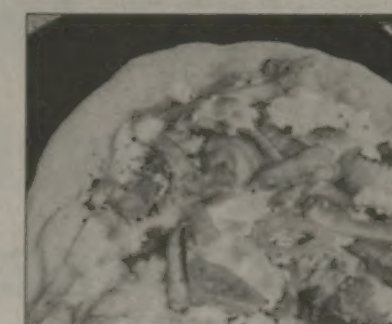
Starting from the center and moving outward, use a rubber or wooden spatula to begin to combine the flour and the water in a circular motion, much like a dough hook or a mixer.

Neapolitana can boast this DOC certification as a symbol of their adherence to pizza traditions, and use of fresh, high-quality ingredients.

The regional distinction also holds true for the pizza Reinhart encountered across the United States, as he traveled to New York, Chicago, New Haven and the San Francisco bay area in search of the country's finest examples. And although the pizzerias in the states do not receive the nihil obstat of the Vera Pizza Neapolitana, the pizza here can still impress.

This past Friday I treated my roommate and a friend to home-made white pizza, using Reinhart's "Neo-Neapolitan Pizza Dough" recipe as the starting point. I started making the dough in the morning before heading to campus, placed it in the refrigerator, and then let it sit at room temperature for a bit when I returned home until

Neo-Napoletana Pizza Dough



Michael Piorunski photo

they were ready for me to begin preparing our meal. This week's recipe comes from Reinhart's compendium of pizza expertise, and delivers a crust with flavor far beyond the standard commercial chain offerings.

We topped our pizza with a fresh made garlic and cream white sauce, artichoke hearts and onions sautéed in olive oil and balsamic vinegar, and both fresh mozzarella and asiago cheeses.

equal pieces. In a circular motion, use the palm of your hand to form a round ball with each piece. Brush the tops of the dough balls with olive oil and place each ball into separate zipper freezer bags. Let sit at room temperature for about 30 minutes, and then place them into the refrigerator for later use.

Remove the dough balls from the refrigerator about two hours before you plan to roll them out and make your pizzas.

Any dough you do not want to use can be refrigerated for up to three days or frozen for up to three months.

RSO Reminders

Submitted by Jill Petrosillo
Graduate Assistant for Student Activities

To become an RSO, at least 10 interested members need to unite under the leadership of a faculty advisor. All RSOs must complete and submit an RSO application to the SGA Executive Vice President, Hayley Efland. The applications are available in the Office of Student Activities (GUC 125).

Previously unrecognized RSOs should hold at least three interest meetings to recruit members. As a part of these meetings, the prospective club should seek to build interest in its' potential members. Also,

an RSO must offer membership to, and seek to benefit all SU students.

If Student Activities and the SGA have not previously recognized the club, the prospective president must meet with the Director of Student Activities. This measure will ensure SU will sanction the group as an official RSO. No duplicate RSOs will be sanctioned.

New RSOs must develop a constitution and participate in a reading of the constitution at two SGA forums. A template of a Constitution can be found on the SGA Web site.

At these readings, a club representative must present the group, name the advisor and state benefits the club offers to the campus community.

After the second reading, all those

with voting rights at the forum will vote to recognize to the club.

Efland understands how confusing this process can seem.

She says the clubs and advisors have expressed frustration with the process, but the steps are actually really simple.

Coordinator of Student Life Sara Lowery made it clear why attending Forum is such a crucial step for RSOs.

"I think it's important for RSOs to be able to have a voice. Forum is how they can identify frustrations and issues they may be having within their organizations or even with the school policies and how they run RSOs. That is our only avenue of having students understand what they need and desire and pro-

vide those appropriate resources to help them as they go along on this RSO path," Lowery said.

Each RSO needs to attend three Forums and participate in two recognized events or one recognized event. Each RSO also needs to submit paperwork every semester to maintain their SGA recognition. Someone from an RSO can go an extra Forum (for a total of four) to gain voting rights.

"We want all our clubs to be successful here at SU. We love our organizations, but we want to make sure that they operate and get the best experiences for life-long skills they can take out as they enter into the job force," Lowery said.

HAHA HOLLOWAY brings laughs

By Amanda Waldron
Staff Writer

For those looking for a laugh, head over to Holloway Hall on Wednesday, March 3 at 7 p.m. SOAP will be hosting the HA-HOLLOWAY event. Marcus is the headlining act, and Hasan Minhaj and Baron Vaughn will open for him.

"We could have booked a more well-known act for this show," said SOAP Comedy Chair Katie Ryan. "But I loved all three of these comedians. I couldn't choose which one would be the best, so I thought why not have a comedic festival, and feature all three of them. Now the audience gets to view three great acts instead of just one."

The show is comprised of mainly standup comedy, with each of the opening performers handling an approximate 30-minute set. Marcus will be on stage for about an hour.

Marcus is a comedian who is most commonly compared to Dane Cook and has a funny, rocker type vibe during his shows.

"I love the comedy shows on campus. They're always funny, and this one is going to be really entertaining. Especially if the guy is anything like Dane Cook, this show sounds like it's going to be awesome," said Travis Sevier, a freshman who plans on attending the show.

This will be Vaughn's second time at SU.

"The audience gave [Vaughn] a great response after he finished his set. He did such a great job the first time, we wanted to give him another chance to come back and have a longer time to perform," said SOAP Comedy Chair Katie Ryan.

SOAP has more comedy on the semester's schedule with KT Tatera and Maryann Seirk performing on Wednesday, April 28.

"We usually have about three comedic events a semester," Ryan said. "But sometimes it gets up to as much as five or six. They are getting to be really popular on this campus."

Hope this gets your attention!

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Women's Lacrosse beats Washington and Lee 10-4 to stay undefeated

By Patrick Drengwitz
Staff Writer

The women's lacrosse team stepped onto a frigid and rainy field on Wednesday, Feb. 24 and stepped off with a decisive win over 19th-ranked Washington and Lee University, defeating them 10-4.

It took the Gulls just over ninety seconds to score their first goal. Three minutes later, Washington and Lee scored the equalizer; however, in the next sixty seconds, seniors Beth Rhodney and Jessica Chmielewski put in two more goals to put SU back on top 3-1. After their scoring flurry, it was a ten-minute showcase of defense from both teams, and Salisbury goalie Julie Ann Caulfield went virtually unchallenged.

Junior attacker Trish DiGirolomo scored following a timeout and though Washington and Lee were able to answer quickly with a goal to make it 4-2, the last ten minutes of the half belonged to Salisbury.

The Generals were the first to score in the second half, but it was all Salisbury after that. Junior midfielder Aileen McCausland scored

Salisbury's eighth and ninth goals to rule out a comeback and Jessica Chmielewski scored again to put the women into double digits.

"Our defense was solid but we could have done more on offense, trying to hold the ball more and not force shots so much," said senior Beth Rhodney.

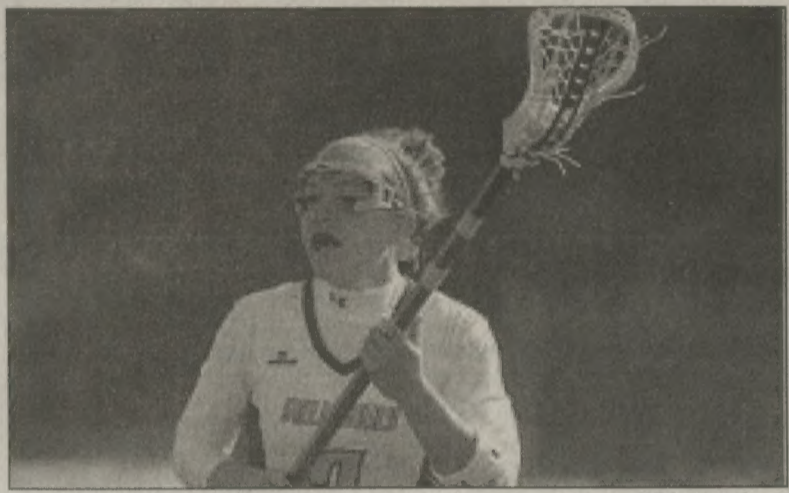
"Certain things were done right and the defense played well but the offense was capable of more," said head coach Jim Nestor, who expects great things for this season.

On Saturday, Feb. 27, the SU

women played Elizabethtown at home and didn't disappoint the fans, routing the Elizabethtown Blue Jays 20-8.

Their fourth-straight win on Saturday saw many different players score and assist.

Cudmore, Rhodney, Chmielewski and junior attacker Meagan Osipowich led scorers while the goalkeepers Caulfield, Ali Meeks and Keli Berkman kept Salisbury in the lead throughout the game with crucial saves in the first and second half.



Senior midfielder Jessica Chmielewski looks to pass during Salisbury's 10-4 defeat of No. 19 Washington and Lee University last Thursday.

Athletics photo

SU Softball is No. 8 in preseason rankings

By Alexis Howard
Staff Writer

The Salisbury University softball team went into this season ranked No. 8 in the country by the National Fastpitch Coaches Association preseason poll.

"It's always a privilege and honor to have some sources from the outside looking in and give you those rankings, but the real work has to be done during the season. You look for the final ranking. We only have one direction to go, and that is up," said head coach Margie Knight.

The team hopes to improve upon the successes of last year's record of 40-7, in addition to their stellar 12-0 record in the Capital Athletic Conference. The team returns with seven seniors, two of them All-Americans.

Three-time All American shortstop Kelly Waskewicz bat-

ted .390, tallied 48 runs, and added 41 RBI last season for the Gulls. She led the Gulls in doubles (14) and tied for second in home runs (10). All-American catcher Lauren Brennehan batted .399, tallied 48 runs, and led the Gulls in RBI (48). Brennehan is also a three-time All-CAC first team member. The Gulls hope to make another NCAA tournament appearance this season.

"We certainly want to win our conference championship again and the great thing this year is it gives us an automatic qualifier to the NCAA tournament," said Knight.

Senior teammates include outfielders Jen Cahall and Brittany Lounge, first baseman Ali Ritter, catcher Amanda DeMoine, and infielder/outfielder Rachel Hastings. The Sea Gulls also have high hopes for junior pitcher

Kelsey Mills who finished her season with a 19-3 and ERA of 0.91. Junior Kelly Leary and sophomores Jamie Wells and Erika Brittingham will also be on the pitcher's mound this season.

The team had some upsets last season but hopes to build off those mistakes.

"We certainly want to do better than we did last year, which was a great finish in fifth. Our expectations are always to get to the national tournament," Knight said.

On Feb. 24, the Sea Gulls faced off in a doubleheader against the Virginia Wesleyan Marlins. The Gulls were unable to defeat the Marlins. The first game ended with a final score of 8-3, and the second game was ended in the fourth inning due to darkness. The suspended game will most likely be made up when Virginia Wesleyan comes to SU in March.

Syracuse ranked No. 1, but five Maryland teams fill out the polls

By Brian Joiner
Staff Writer

The end of February is a very exciting time for college lacrosse fans everywhere as the season starts to get in full swing. As the sport grows in popularity with each passing year, schools all across the nation look to assemble competitive squads to take the field and represent their school's programs.

Inside Lacrosse magazine just released their national rankings of Division-I schools before the season got underway and the state of Maryland had more schools ranked in the top 20 than any other state. The Loyola Greyhounds (No.16), the UMBC Golden Retrievers (No.14), the Navy Midshipmen (No.12), the Maryland Terrapins (No.7) and the Johns Hopkins Blue Jays (No. 6) all are schools in Maryland with Division-I lacrosse programs that have had success in the NCAA.

Loyola had heart-breaking losses to both Syracuse and Johns Hopkins that kept Coach Charley Toomey's Greyhounds from heading to the 2009 NCAA tournament.

With an experienced goalie in Jake Hagelin to hold it down in the cage, Loyola looks to improve on their 9-5 record from last year.

The Golden Retrievers from UMBC have won the American East for the past three seasons and made the NCAA tournament for four consecutive years. Losing a four-year starter at the goalie position, UMBC's defense will still remain strong with seniors in just about every defensive position. Look for some stars to emerge in the offense with the opportunity to gain playing time because of losing players to graduation.

In Annapolis, the Navy Midshipmen will run the table in the Patriot League. With a midfield run mainly by seniors, Navy's offense will be its strong part while the defense is still finding its identity. The Midshipmen started three goalies and six defensemen in 2009. If Navy wants to remain among the best in D-I, they need to establish a solid defense.

Ranked No.7, the Maryland Terrapins welcome Notre Dame-transfer Will Yeatman to the team in

hopes to strengthen their attacking corps. Though losing a lot at midfield, the Terps have a lot of returning players on defense and attack. They have size in all areas of the field which usually leads to success.

The Blue Jays got their feathers flustered in the first round of the tournament, almost getting upset by Brown. However, Hopkins looks to be well-built in all aspects of their team and should finish best out of the Maryland schools.

Despite the talent coming from Maryland teams, Syracuse is still ranked No. 1.

Coming off of two straight national titles, the Syracuse University men's lacrosse team looks to continue that streak this 2010 season; they should expect nothing less. With a dominant attack unit led by junior Stephen Keogh, the Orange have the highest scoring offense in the country.

A powerful offense combined with a lot of leadership returning from last year's championship team, look for Syracuse to be holding the trophy high in the sky in Baltimore at the end of the season.

Indoor Track and Field running through the season

By Brian Willhide
Staff Writer

The SU men's track and field team continued their recent success Sunday, Feb. 28 with two individual first place finishes and a new school record at the George Mason Winter Games.

This comes just one week after making program history with a team first place finish at the Mason-Dixon Indoor Track and Field Conference Championship. The half-point victory over Gwynedd-Mercy College (106.5 to 106) was the first conference championship since the program's inception.

"It was historic. It was great to see all the hard work pay off," head coach Jim Jones said.

However, the celebration could only last so long, especially with the Winter Games as the second to last opportunity this season for many Sea Gulls to shine.

Jones, who was honored as Mason-Dixon Conference Co-Coach of the Year, called the Winter Games "a great opportunity to improve our performances from last week, break school records and have some more NCAA qualifying marks."

Based on their performances, seniors Delannie Spriggs and Brandon Fugett have already received qualifying marks for the upcoming NCAA Champi-

onships, which will take place later this month.

Fugett, who won Field Athlete of the Mason-Dixon Championship, took home first place in the shot put at the Winter Games with a throw of 54 feet, 9 inches.

The other individual first place finish from Sunday's competition came from sophomore sprinter Paul Moore with a time of 51.48 seconds in the 400-meter dash.

Senior Cory Beebe placed third in the 500-meter dash with a time of 66.96 seconds and in the process, he broke a school record that had stood since 2005. His time shattered the previous mark by nearly two full seconds.

Other notable results included a third place finish from sophomore Jay Drenner in the weight throw, a third place finish from senior Quentin Briscoe in the 60-meter hurdles and a seventh place finish from junior Brandon Lane in the triple jump.

In regards to what's next for the Gulls, some athletes will compete in Saturday, March 6's Virginia Tech Last Chance Meet in Blacksburg, Va. on the campus of Virginia Tech. The rest of the team will begin the outdoor track and field season and take part in the Salisbury University Spring Classic set to begin at 11 a.m. the same day.

Athlete Spotlight

Kim Cudmore

By Sarah Duffy
Staff Writer



Dan Anderson photo
Kim Cudmore

Women's lacrosse player Kim Cudmore from Bel Air, Md. is this week's Athlete Spotlight. This season the senior attacker finished with a team-high three assists against Capital Athletic Conference competitor Hood College, which ended in a win for SU. During the victory against Washington & Lee University on Feb. 24, Cudmore was the first and last player to score in the first half as the team won 10-4. The senior will surely continue adding to the scoreboard this spring.

When did you first start playing lacrosse?
I started in the seventh grade. I played for a traveling team.

What is your favorite childhood lacrosse memory?
My favorite memory is just switching to playing lacrosse. I used to play softball, and when I started playing lacrosse, I realized how much more I enjoyed this sport.

Besides lacrosse and softball, have you played any other sports?
I used to play soccer and basketball.

What made you choose Salisbury University?
I was really interested in the lacrosse program, which is a main reason why I came here. I also like that it's 30 minutes away from the beach.

What are you majoring in and what are your plans after graduation?

My major is physical education. I plan to go back to my hometown of Bel Air. Hopefully I can get a job when I go home.

What is your favorite thing about playing for Salisbury University?
My favorite part is the team itself and being a part of it. Everyone on the team is like my family. I also really enjoy being in such a competitive league.

What is one of your proudest moments while playing lacrosse?
My proudest moment would have to be getting into the final four every year since I have been playing for Salisbury.

What is the toughest thing you have had to deal with while playing for the Sea Gulls?
I'm student teaching right now. It's really hard to balance teaching with our practice.

What are you looking forward to the most during the rest of the 2010 season?
I just want to take the season one game at a time, but I hope we can win the national championship.

What advice would you give future SU lacrosse players?
Every time you step on the field, give it 110 percent and always try your best.



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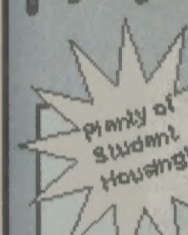
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Closing Ceremonies end with Olympic-high 37 U.S. medals

By Fred Hobbs
Staff Writer

The Olympic Games are a time where athletes from all around the world come together to compete. Just participating in the Olympic Games is an honor for many, and for a lucky, hard-working few who make it to the podium, it is an experience like none other.

The 2010 Olympics brought redemption for one U.S. athlete, Alpine skier Bode Miller. At the Salt Lake City games in 2002, Miller skied his way to two silver medals before finishing fifth in the downhill and sixth in the giant slalom in his last two races. After a disappointing showing in the 2006 Games, Miller wasn't letting anything get in his way of being at the top of the podium.

Miller battled through the competition to earn bronze, silver, and gold in three skiing events, and was looking to rewrite history by breaking the record for most Alpine skiing medals by a man in a single Winter Olympics with four.

However, eight seconds into Saturday, Feb. 27's slalom race, Miller straddled the fifth gate, eliminating him from the event.

This was a big fault which left Miller bewildered, according to YahooSports.com.

"I just hooked a tip and it's obviously disappointing when you're fired up and you're skiing well and everything's there," Miller said. "You go out of the gate with the intention of absolutely maximizing every turn."

The fault leaves Miller tied with four other Olympic skiers for the most medals won in Alpine skiing, but his three medals still makes him the most decorated American skier of all time.

The U.S. hockey team entered the Olympics looking to lay a founda-

tion of power and intimidation, for in past years the team seemed to be outplayed.

It has been thirty years since the "Miracle on Ice," where the underdog U.S. beat the supposedly unbeatable Soviet Union. Sports announcers across the country certainly haven't allowed anyone to forget it. However, in recent years Canada has been the more dominant team and as fate would have it, the U.S. faced Canada in the gold medal game on Sunday, Feb. 28.

The Americans had defeated Canada 5-3 in the preliminary round, but the Canadians came out much stronger on Sunday.

The U.S. went down 2-0 early in the first period and the outlook seemed bleak. Despite a shaky second period, American Ryan Kessler scored midway through to make it

2-1. It was a back-and-forth contest in the third period with U.S. goalie and tournament MVP Ryan Miller and Canadian goalie Roberto Luongo looking more like brick walls in the net. However, the U.S. kept the pressure on and finally, with 24.4 seconds left, American Zach Parise tied the game at two.

In overtime, both teams played equally well, testing each other's will in a four-on-four matchup. But in the end, Canada's superstar, Sidney Crosby, netted a goal off a failed U.S. clear to take the gold medal.

The win gave Canada 14 gold medals in the Games, leading all countries in for gold medals. However, overall, the United States came out on top with a total medal count of 37 (9 gold, 15 silver, 13 bronze).



<http://www.lansingstatejournal.com> photo

Canadian superstar Sidney Crosby scores the game-winning goal in overtime to hand the U.S. its first loss of the tournament and claimed Canada its Winter Olympic record 14th gold medal.

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Men's Lacrosse

The No. 4 men's lacrosse team took the field on Saturday against Widener and SU left victorious with a 9-7 win.

The Widener Pride (0-2) was on the board first, but the lead did not last long as senior attackman Jake DeLillo scored just one minute later off an assist from sophomore attacker Matt Cannone. Though Widener would score again to take the lead, Salisbury rattled off three straight to end the first quarter up 4-2.

The second quarter was not as sharp for the Sea Gulls, however, as they were outscored 2-1, including a goal just seconds before half time, which sent them into the locker room up by just one, 5-4.

In the second half, sophomore midfielder Tim Lum and Cannone would get on the board to put SU up 7-5 heading into the fourth quarter.

Sophomore midfielder Sam Bradman finally opened the game up to start the fourth, scoring two unassisted goals to make the score 9-5 in the first four minutes. These would be Salisbury's final goals of the game.

The Pride would score two more goals before the final whistle, but junior goalie Johnny Rodriguez would make six saves in the final quarter to preserve the victory for the Sea Gulls.

SU outshot Widener 40-26 on the day, but lost the ground ball battle 32-27 as well as the face-off fight (7-for-15). Pride goalie Kevin Carney made 15 saves in the game.

Nearly 900 fans attended the game at Leslie C. Quick, Jr. Stadium. Bradman led the Gulls on the day with three goals and one assist, while DeLillo was the only other Sea Gull with multiple goals (two). Freshman Eric Law and junior Kyle Piper each netted a goal and junior midfielder Shawn Zordani tallied one assist.

Women's Lacrosse

What was supposed to be a road game against Elizabethtown College turned into a home game due to weather, and Salisbury's women didn't disappoint their hometown fans, routing the Blue Jays 20-8.

Their fourth-straight win on Saturday saw many different players score and assist.

Kim Cudmore (two goals, one assist), Beth Rhodney (four goals, one assist), Jessica Chmielewski (two goals, one assist), Aileen McCausland (two goals, one assist), Roxanne Raab (two goals) and Katie Bollhorst (two goals) led scorers, each with multiple goals. Meanwhile, goalkeepers Julie Ann Caulfield (two saves), Ali Meeks and Keli Berkman (five saves) kept Salisbury in the lead throughout the game with crucial saves in the first and second half. Trish DiGirolomo was tops in the assist department, dishing out two on the day while twelve different Sea Gulls scored in the victory.

Salisbury dominated nearly every other category, leading on shots (44-21), ground balls (25-7), clears (14-for-15) and committed just 14 turnovers to the Blue Jays' 23.

SPORTS BEAT ★ SPORTS

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Willie O' Ree a forgotten hero

By Therran Dennis
Staff Writer

On Jan. 18, 1958, Willie Eldon O'Ree became the first black player to enter the National Hockey League when the Boston Bruins signed him as a left-winger to replace an injured player.

Yet hardly anyone knew—or cared for that matter.

O'Ree didn't exactly show that he envied the attention that Jackie Robinson got in 1947 when he broke the color barrier in Major League Baseball. However, he admitted that he felt there should have been a little more publicity for his accomplishment than the little he received.

"I was expecting a little more

publicity," O'Ree once stated of the matter. "I didn't care that much about publicity for myself, but it could have been important for other blacks with ambitions in hockey. It would have shown that a black could make it."

O'Ree, a Canadian national, grew up in Fredericton, New Brunswick, in a small community of about two to three black families. He began skating at the age of 3, and he joined his first hockey league at 5. During high school he played for a junior team that had talent far outweighing any of the talent found on the collegiate hockey teams in the U.S. at the time. However, it was also at this time that he was blooming into quite the baseball player, so much so that in 1956,

while he was on still on the junior hockey team, he was invited to the Milwaukee Braves minor league affiliate in Georgia to play second base for them for a summer.

The next year O'Ree began his professional hockey career when he signed with the Quebec Aces, the minor league affiliate of the Bruins, for \$3,500 with a \$500 signing bonus. And the following season was history.

After his initial NHL stint, O'Ree spent more time in the minors before the Bruins called him up again in 1961 where he played in 43 games, scoring four goals and dishing out 10 assists. This was his last season in the NHL.

Today commonly known as the "Jackie Robinson of hockey,"



<http://www.fredericton.ca/photo>

Willie O' Ree

O'Ree says that while the lack of publicity did bother him some, he was more focused on helping the Bruins win their game against the Montreal Canadiens that night.

Injured U.S. Soccer squad takes on Netherlands

By Brian Lomax
Staff Writer

It's been a long time since the debacle that was the 2006 FIFA World Cup. While Italy celebrated its big win in Germany, the Americans had already gone back home, having finished with one point in three games. They showed a lack of initiative, drive, and looked generally out of sorts as they departed the tournament.

Predictably, a lot has changed in the years since. New coaches, new players, and a new look and attitude have put the United States in a position to really cause problems for the world's elite squads come June 12, when they begin their World Cup campaign against England. But before that happens, the men in red, white, and blue must complete their scheduled games, beginning with against the 3rd highest ranked team in the world, the Netherlands.

The Netherlands have earned their high ranking, with players such as Robin Van Persie (currently injured), Klass Jan-Huntelaar, Wesley Sneijder, Rafael Van Der Vaart, who will lead the high powered Dutch squad as they take on the Americans in Amsterdam this Wednesday, March 3. The Dutch will provide a stiff test, particularly

to the American defense, and playing at Amsterdam Arena will be the best overall combination of competition and atmosphere the squad has seen since the World Cup Qualifier at Azteca in Mexico last August.

For the Americans, injuries will keep some of our best and brightest from taking part. U.S.A. and A.C. Milan defender Oguchi Onyewu will be out after tearing a knee ligament in October. Clint Dempsey, Charlie Davies, Benny Feilhaber, and Ricardo Clark will also be missing for the States, as Coach Bob Bradley looks to test the quality of his squad against one of Europe's top teams.

Veterans Tim Howard, Landon Donovan, and Carlos Bocanegra will lead the Americans this week, as mainly European-based players have been called up for the game. Only three MLS players have been called up so far. Two veterans looking to impress this week are DaMarcus Beasley and Maurice Edu, both of home play for Scotland's Rangers FC. Beasley will be looking to show that he has not lost a step after a devastating knee injury, and Edu will be looking to solidify a spot in an already crowded American midfield.

So what should be expected from the Americans? Honestly,

fans need to look for the U.S. to be competitive against a side like the Netherlands. A blowout will be labeled as a disaster, and rightfully so. While the American's won't be at full strength, there should still be

enough talent on the field to at least take the game to the Netherlands. With the World Cup only a few months away, the Americans' preparations for South Africa continue on Wednesday.

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SALISBURY SPORTS CALENDAR

Tuesday-3/2	Wednesday-3/3	Thursday-3/4	Friday-3/5	Saturday-3/6	Sunday-3/7	Monday-3/8
2 pm Baseball @ Apprentice School	2:30 pm Baseball @ Galaudet 3:30 pm Men's Lacrosse vs. McDaniel 4:30 pm Women's Lacrosse @ Virginia Wesleyan	2 pm Baseball @ Christopher Newport	1 pm Softball @ Frostburg State @ Virginia Beach, Va. 3 pm Men's Tennis vs. N.C. Wesleyan 3 pm Softball vs. Rowan @ Virginia Beach, Va.	9 am Indoor Track & Field vs. Virginia Tech Last Chance Meet @ Virginia Tech, Blacksburg, Va. 11 am Men's Tennis vs. Washington & Lee 1 pm Softball @ Roanoke @ Virginia Beach, Va. 1 pm Baseball vs. Gallaudet 1 pm Women's Lacrosse vs. Catholic 3:30 pm Baseball vs. Gallaudet 5 pm Softball vs. Shenandoah @ Virginia Beach, Va.	11 am Men's Tennis vs. Swarthmore Noon Softball @ Lynchburg @ Great Bridge, Va. 2 pm Softball @ Lynchburg @ Great Bridge, Va.	